

# Westminster Food Policy

Updated 2/9/2015

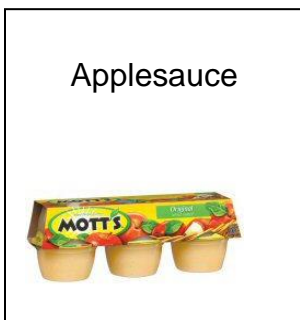
We are a **nut free** school.

This includes products processed on **shared equipment**.

Read **labels** carefully.

All food must be brought in in **unopened containers** (individual containers are best but you may bring in the big boxes/jars as long as they are unopened-teachers will send the leftovers home).

Here is our updated **reasonably healthy snack** list:



Our updated policy reflects the original goal of keeping a **safe and healthy environment** for our children. It also gives children with allergies the opportunity to maintain the very important life skill of **reading labels** and always checking food to see if it is appropriate for them. It also gives us an additional opportunity of discussing how we are all different!

For your additional info: note that the grain serving size for Pre-K and Pre-School age children set by Department of Health is 2 oz. So one box is perfect!

# Reasonably Healthy Party/Special Day List

Updated 2/9/15

We are a **nut- free** school.

This includes products processed on **shared equipment**.

For Birthday/Holiday/Special Class Celebrations/Parties:

Popsicles  
(Slow Melt)



Edy's Fruit Bars



Frozen Yogurt  
Tubes



100% Fruit Juice



Sunnybridge  
Cake Pops



Pie Place  
Cake Pops  
Sugar Cookies  
Mini Cup Cakes



Nabisco  
Teddy Grahams  
Honey



Nilla Wafers

